



**MITCHELL HEWSON, *HTM LT RAHP***  
**REGISTERED HORTICULTURAL THERAPIST – MASTER**

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Mr. Hewson was the first Registered Horticultural Therapist to practice in Canada. He has an HTM - Horticultural Therapist Masters, and his qualifying internship was done at the renowned Clinton Valley Center, Michigan.

Mitchell is also a Registered Aroma Therapist and Landscape Technologist.

He has developed the 1<sup>st</sup> and largest Horticultural Therapy program in Canada at the Homewood Health Centre Inc., and was the first recipient of the prestigious CEO Award offered by Homewood.

Mitchell was the first Canadian to receive the American Horticultural Therapy Publication Award for his book “Horticulture As Therapy.” The landmark publication has been translated into both Japanese and traditional Chinese.

He has numerous papers and articles on Horticultural Therapy, appearing in such publications as Maclean’s Magazine, Readers Digest, Harrowsmith, Toronto Star and numerous horticultural magazines and newsletters.

Mitchell is a chartered and honorary Board member of the Canadian Horticultural Therapy Association. He is also a current Board member of Spark of Brilliance. He was a Board Member of the American Horticultural Therapy Association. He is also the first Canadian to be twice honoured by the American Horticultural Therapy Association; first with the Alice Burlingame Humanitarian Service Award for promoting and furthering Horticultural Therapy and second with the AHTA Professional Service Award.

He is a keynote speaker and offers workshops and lectures on Horticultural Therapy across Canada, United States, Cuban Republic, Japan, Taiwan, Norway and the Caribbean. He has provided courses and workshops for Conestoga College-Kitchener, Fanshawe College-London, University of Guelph, Mohawk College-Hamilton, and Denver Botanical Gardens USA.

Mitchell is a consultant with Vision Scapes, Walter Fedey Partnership and the Hong Kong Association of Therapeutic Horticulture.

Interviews include Peter Gzowski-CBC, Mark Cullen-CFRB, National News-CFTV, and Global Television. CBC News, Calgary Alberta, and Thunder Bay. Videos include-Vision Television, CBC Health Show, Mark Cullen Gardening Show.